



NBRC Lap Pool

August 31 - September 13

Labor Day, Monday September 7th, Lap Swim 8:00-1:00PM

No Drop In Water Fitness or BAM on Labor Day

EAST Shutdown August 29-September 13

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-4:00	Lap Swim 6:00-9:00	Lap Swim 6:00-4:00	Lap Swim 6:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-1:00		
6:30am									
7:00am									
7:30am									
8:00am									
8:30am									
9:00am	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit		4 lanes open 9:00-10:00 Drop-in H ₂ O Fit		4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	3 lanes open 9:00-11:00 Flatirons			
9:30am	Lap Swim 10:00-12:00		Lap Swim 10:00-12:00		Lap Swim 10:00-12:00			Lap Swim 11:00-1:00	
10:00am									Lap Swim
10:30am						3 lanes open 10:30-11:30 BAM			
11:00am						Lap Swim			
11:30am						3 lanes open 12:00-1:00 BAM			
12:00pm						3 lanes open 12:00-1:00 BAM			
12:30pm	Lap Swim 1:00-6:00		Lap Swim 1:00-9:00		Lap Swim 1:00-7:00	Lap Swim 1:00-7:00		4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board
1:00pm									
1:30pm									
2:00pm									
2:30pm									
3:00pm									
3:30pm	5 lanes open 4:00-5:30 Flatirons	Lap Swim 1:00-9:00	5 lanes open 4:00-5:30 Flatirons	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30				
4:00pm									
4:30pm									
5:00pm	4 lanes open 5:45-6:45 Drop-in Zumba	Lap Swim 6:45-9:00	Lap Swim 5:30-9:00						
5:30pm									
6:00pm						5 lanes open 6:00-7:00 RevRun			
6:30pm	Lap Swim 6:45-9:00	Lap Swim 6:45-9:00	Lap Swim 5:30-9:00						
7:00pm						5 lanes open Drop in H2O Fit 7:00-8:00			
7:30pm						Lap Swim 8:00-9:00			
8:00pm									
8:30pm									
9:00pm									

"Lanes open" indicates lanes open to the public.

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org